

FOI Request Response information

FOI request reference:	2019/102
Date request received:	08/03/2019
Date request responded to:	03/04/2019
Category:	IM&T
Tags:	Digital, applications, apps, mental, health, emotional, support, wellbeing, advice, guidance, staff, supplier, provider, stress, anxiety, depression,

Request Detail:

Please answer the following questions regarding your organisations use of mobile applications to support employee mental/emotional health and wellbeing.

1. Does your organisation offer any **digital apps** as a resource for staff to support their mental/emotional health and wellbeing? (e.g. Big White Wall, My Possible Self, Thrive) *Apps may provide advice and guidance to support wellbeing, diary entries or an interactive self-help programme etc. to support the reduction of stress, anxiety and/or depression*
2. If yes to Q1 please provide the following information for **each app** used by the organisation
 - a. Name of third-party supplier(s)
 - b. Who is responsible for the payment of the app (*i.e. employee or employer*)
 - c. What is the annual price paid for the app in 17/18?
 - d. Contract start date & end date
 - e. What date did the app **go live** in the organisation?
 - f. Did the organisation use a framework to procure the service? If so, please state the framework used
 - g. Please list **all external systems** the app integrates with (*e.g. EAP providers, GP referrals*)
 - h. Does the app include any form of financial wellbeing support? (*e.g. advice and/or helplines*)
 - i. Through the utilisation of the app, has your organisation seen any **quantifiable benefits**? Please provide detail on the benefits achieved (*e.g. an increase in employee productivity, increase in staff retention, reduction in staff sickness absence or a reduction in occupational health referrals*)
3. For **each supplier** listed in Q2, please indicate the number of employees registered on the app, split by the following staffing groups

Response Detail:

Please answer the following questions regarding your organisations use of mobile applications to support employee mental/emotional health and wellbeing.

1. Does your organisation offer any **digital apps** as a resource for staff to support their mental/emotional health and wellbeing? (e.g. Big White Wall, My Possible Self, Thrive) *Apps may provide advice and guidance to support wellbeing, diary entries or an interactive self-help programme etc. to support the reduction of stress, anxiety and/or depression*
2. If yes to Q1 please provide the following information for **each app** used by the organisation
 - a. Name of third-party supplier(s) – **Health Assured**
 - b. Who is responsible for the payment of the app (*i.e. employee or employer*)
Employer
 - c. What is the annual price paid for the app in 17/18? **There is no charge for the App as this forms part of the contract**
 - d. Contract start date & end date **Yearly renewal, originally commenced 01.07.15**
 - e. What date did the app **go live** in the organisation? **November 2018**
 - f. Did the organisation use a framework to procure the service? If so, please state the framework used – **yes, via the NHS Shared Business Services Framework**
 - g. Please list **all external systems** the app integrates with (*e.g. EAP providers, GP referrals*)**Only EAP providers**
 - h. Does the app include any form of financial wellbeing support? (*e.g. advice and/or helplines*) **Yes**
 - i. Through the utilisation of the app, has your organisation seen any **quantifiable benefits**? Please provide detail on the benefits achieved (*e.g. an increase in employee productivity, increase in staff retention, reduction in staff sickness absence or a reduction in occupational health referrals*) **This has not been monitored so are not able to provide the data.**
3. For **each supplier** listed in Q2, please indicate the number of employees registered on the app, split by the following staffing groups – **We have not monitored this number so are not able to provide the data.**