

FOI Request Response information

FOI request reference:	2016/032
Date request received:	04/02/2016
Date request responded to:	03/03/2016
Category:	Service Delivery
Tags:	Psychology, therapies, PTSD, post-traumatic stress disorder,

Request Detail:

Info re referrals to psych therapies in St Helen's

- The staffing dedicated to PTSD i.e. how many staff from how many different professional disciplines are working in service
- In the 12 month period leading up to receiving this request, the total number of referrals made within your CCG for PTSD treatment, the total number accepted for treatment and the number that completed eight or more treatment sessions, and a breakdown of accepted referrals in terms of age, ethnicity and gender.
- The models of psychological intervention and the levels provided for PTSD treatment.
- The type of formal social support provided to patients suffering PTSD and/or their families.
- An indication of any outreach work being carried out with populations who are underrepresented in accessing mental health services but are likely to be exposed to considerable psychological trauma e.g. homeless persons.

Response Detail:

The Trust response to your recent FOI request is as follows:

- The staffing dedicated to PTSD i.e. how many staff from how many different professional disciplines are working in service **we have 1 counsellor and 2 CBT Therapists all trained to deliver EMDR for Trauma, we have two further CBT staff training as EMDR therapist, all the CBT team can work with trauma total CBT staff 6.**
- In the 12 month period leading up to receiving this request, the total number of referrals made within your CCG for PTSD treatment, the total number accepted for treatment and the number that completed eight or more treatment sessions, and a breakdown of accepted referrals in terms of age, ethnicity and gender. **This information will be held by your CCG.**
- The models of psychological intervention and the levels provided for PTSD treatment. **Trauma focussed CBT and EMDR**
- The type of formal social support provided to patients suffering PTSD and/or their families. **Social support is not provided by the service but service users will be signposted as and when required to other statutory or none statutory organisations**

- An indication of any outreach work being carried out with populations who are underrepresented in accessing mental health services but are likely to be exposed to considerable psychological trauma e.g. homeless persons. **The team are developing a champion group of staff who will be able to champion certain underrepresented groups as highlighted by IAPT for example : BME, Older Adult, Young People, LD, this is in development.**