

Buttons are a hard skill to master as it involves both hands working together but making slightly different movements. Your child will not have the skills needed to be able to do this until the age of 4.

Start by teaching unbuttoning first as it is easier. Make sure to start with large buttons and work to smaller ones. Practicing as part of play can help too. You can also practice by dressing teddies and dolls. It is easier to practice with the clothes lying flat on a table so your child can see what they are doing. Once they have mastered unbuttoning move on to buttoning. Finally get your child to put the clothes on and undo and do up the buttons this way.

## Penny Practice

Posting games like pennies in a piggy bank – start with large pennies/coins encouraging your child to hold one at a time between their thumb and two fingers



Threading games with cotton reels, beads and big buttons. Start with large beads and as this becomes easy, start to use smaller size bead.

Push pennies through a slit in a square of paper. To make this harder, use small pieces of material or an old sock with a slit cut in it.

## Button practice

Practice with large buttons on a soft fabric initially



Google: How to make a button snake