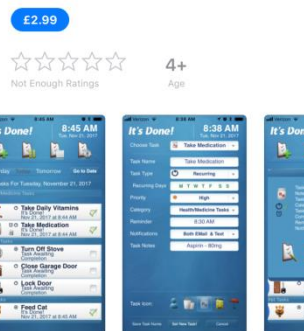


Apps for Organisational skills and independence

It's Done!

Remember Later What You Do Now



It's Done – iPad/phone

Age 4+

Everyday functional tasks reminder and completion setting that can be linked to parents phone.



full version of the app – no further purchase required
Learn the routine of wearing clothes with video modeling and task sequence via fun games, for individuals with Autism and other disabilities.

iDo Getting Dressed – iPad

Children 4+, teenagers and young adults

Step by step sequencing and prompting, including putting on clothing AND preparing clothes for tomorrow.



Happy Kids Timer – iPad and Android

Children 4+ to teens

Game based app to help with morning and/or evening routines/activities and to become more independent.



Does your child have processing or communication difficulties? Do they find it hard to complete a task? Do you want to guide or introduce learning, structure or routine but are find it hard to achieve? Are you finding meltdowns difficult to avoid?

ASD Tools – iPad

Children and teens

Create visual schedules, choice boards, break down of common tasks and encourage independence with rewards.

These apps are recommended primarily for older children and teens as part of their independence and learning to function without an adult always reminding them what they need to do and when they need to do it.

Parents with younger children (ages 4-7) should use these apps together with your child to assist them in developing routines and organisation skills for independence. They are not to be given to your child as a substitution for parental/carer support and supervision.

Screen time should remain limited and these apps are to assist with daily routine and activities that are important.

There are thousands of apps available for both iDevices and Android to help with daily life and tasks. These can be very specific to a task for example time management or homework. It is however advisable that you or your child starts with a general app with lots of functions such as the ones suggested.